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Roundtable Presentation

**Thursday,
June 29, 2017**
Breakfast begins at 7:30am
Presentation begins at 8am

Orchards Restaurant
1580 Orchard Drive
Chambersburg, PA

TOPIC: Reducing Workplace Injuries with Exercise & Ergonomics

FEATURED PRESENTERS: Jamie Steier, Summit Physical Medicine and Rehabilitation; David Sipes, Results Therapy and Fitness; Jamie Goetz, Summit Health Wellness At Work

7:30 – 8am

Breakfast & Networking

Connect with other businesses and professionals. A free breakfast buffet, coffee, and juices will be provided.

8:00-10am

Presentations and Discussions

There will be a twofold presentation to teach managers and employees how to prevent or reduce workplace injuries and reduce claims with the use of ergonomics, exercise, and warm-up stretches.

Further, you can listen to workplace injury statistics, participate in discussions with other companies, and address any needs or concerns your organization has related to healthcare.

The roundtable presentation will focus on how workplace injuries can be reduced or prevented by using exercise, warm-up stretching, ergonomics, and more. This event is free to attend. We strongly encourage your organization to send someone from safety, human resources, wellness, and or leadership to attend.

Registration is required by June 26th at 11:59pm. Register online [here](#).



Questions?

Please contact Jamie Goetz, Employer Relations Specialist at (717) 267-7928 or at jgoetz@summithealth.org



Wellness at Work